

The Power of Plants: Supporting Clients Naturally

By Sonia | Homeopath, Herbal Formulator

Founder of Native Wisdom & Hello Wellness

Made with Gamma

Who I Am

Professional Training

College of Practical Homeopathy graduate

Integrated Approach

Multiple healing modalities combined

Mission-Driven

Solutions for modern health challenges

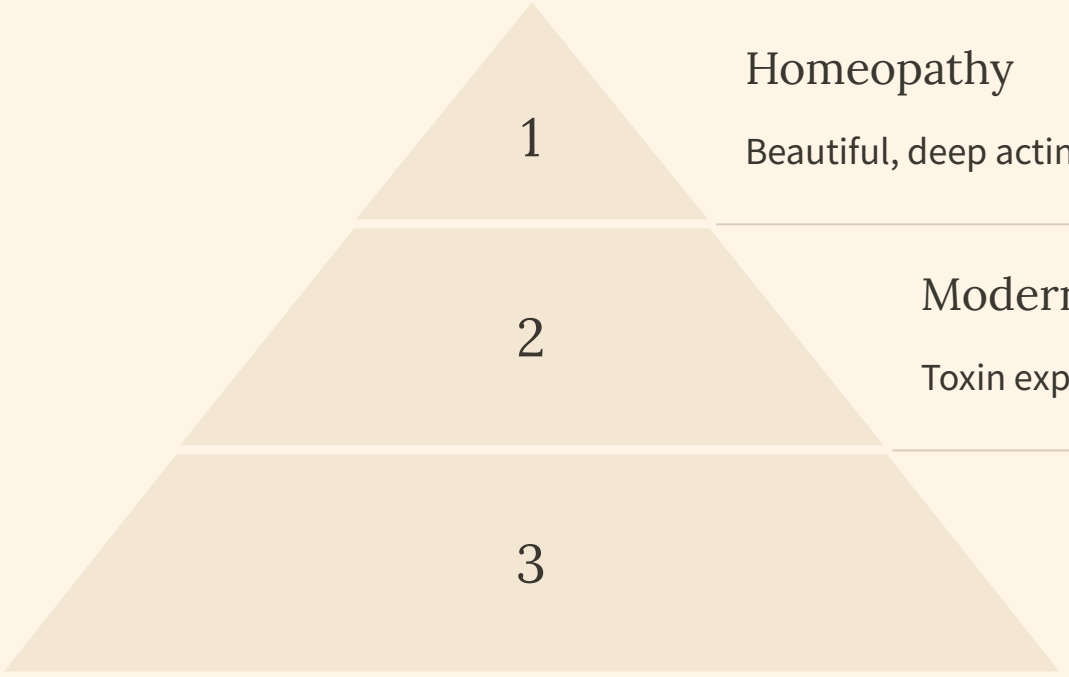
Mother

Nanna, Wife, Sister, Daughter



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Why One Tool Isn't Always Enough



Homeopathy

Beautiful, deep acting healing system

Modern Challenges

Toxin exposure and nutrient depletion

Additional Support

Bodies need help sustaining healing

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Common Chronic Challenges

1

Complex Issues

Long-term, multi-faceted health concerns

2

Supplement Overload

Many products but limited results

3

Foundational Support

Gentle herbs that strengthen core systems

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Nature Does It Best

System Support

Enzymes, digestion, detoxification

Nervous System

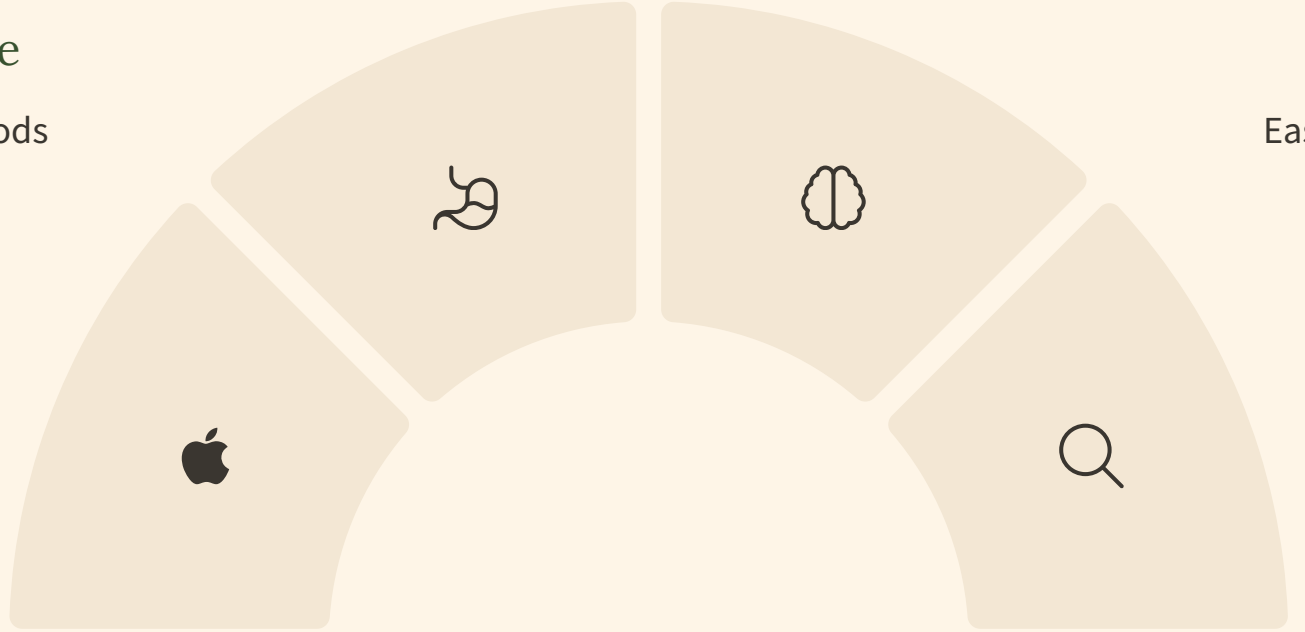
Gentle yet powerful effects

Complete Package

Synergistic like whole foods

Bioavailability

Easily utilised by the body



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Herbs as the Bridge

Reduce Toxins

Clear pathways for healing

Expert Collaboration

Traditional English herbalist knowledge

Custom Formulation

Tailored blends for specific goals



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Native Wisdom Product Range



Histamine Support Tincture

Includes calendula, skullcap and vervain to calm histamine reactions



Rosehip Buffered Vit C

Includes rose hips and orange to provide bioavailable vitamin c



Parasite Cleanse Tincture

Includes wormwood, sage and clove to safely stun and expel

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Hello Wellness Product Range









Hello Hormones

Balance feminine cycles naturally

Milk Thistle Plus

With chamomile, burdock and hibiscus

Elderberry Plus

Immune support with thyme and echinacea

Hello Energy

Sustainable vitality without stimulants

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Real Practitioner Experiences



Laura -

Coaching for Leaders

"Hello Energy includes lemon balm...great for cognitive function and stress resilience."



Caroline -

Naturopath & Gut health specialist

"Impressive formulation in Hello Digestion. Clients report great results."



Zoe -

Mindset coach & Hypnotherapist

"Hello Sleep ticks all my boxes - natural, eco and easy to build a habit around."

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Herbs are nature's multitaskers

Lemon balm	Boosts GABA, calms the nervous system & anxiety
Gentian root	Rich in magnesium, energizing, supports adrenals
Angelica root	Balances oestrogen, eases periods
Wood betony	Circulatory tonic like Ginkgo biloba, supports focus

Carefully formulated and balanced as blends are gentle and powerful

100% natural unprocessed ingredients - made in the UK by a herbalist

Nourishing plant ingredients that help the body to heal itself

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Join Our Natural Health Movement

Training

Join our practitioner workshops to find out more

Clinic Integration

Empower your clients with our herbal blends

Collaboration

Book in a call to discuss what this could look like for your clinic

@hellowellnessherbs

www.hello-wellness.co.uk

www.nativewisdom.co.uk

