

Urinary tract infections

150 mg Pycnogenol® reduces urinary tract infections more effectively than cranberry extract.

Pycnogenol® has anti-inflammatory, pain reducing, antimicrobial and antioxidant effects.

Pycnogenol® is a natural pine bark extract from the bark of the French maritime pine (*Pinus pinaster*). As far back as the 4th century BC, pine bark was used by Hippocrates in the therapy of inflammatory diseases. It contains a unique combination of valuable natural plant substances such as proanthocyanidins (OPCs) and other bioflavonoids such as catechins, epicatechins, phenolic acid and taxifolin. The contained OPCs show a high antioxidant protection potential.

A study in patients with painful symptoms of urinary tract infection (UTI) showed significant therapeutic potential of Pycnogenol®. Researchers found that a **60-day** intake of **150 mg** Pycnogenol® was more potent in reducing the **incidence of urinary tract infections and painful symptoms** of UTIs than 400 mg cranberry extract. In the Pycnogenol® group, the number of urinary tract infections decreased by 62%, 91% of the subjects were symptom-free and all the subjects in the Pycnogenol® group were infection-free at the end of the study.

For recurrent urinary tract infections with accompanying painful symptoms, Pycnogenol® is an effective herbal solution.

References: https://pubmed.ncbi.nlm.nih.gov/34257695/
https://www.pycnogenol.com/home/detail/new-study-shows-daily-supplementation-with-pycnogenolr-may-provide-relief-from-recurrent-urinary-tract-infections/



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The innovative solution for supporting the blood vessels with premium patented pine bark

Pycnogenol® Superior 100 GOLD is a purely plant-based product containing 100 mg patented pine bark extract (Pycnogenol®) and 100 mg grape seed extract. Pine bark extract supplies a high proportion of powerful antioxidants, procyanidins, bioflavonoids and organic acids, which offer multiple health benefits. Pine bark extract promotes microcirculation in the capillary vessels such as in the brain, protects the walls of blood vessels, supports healthy blood circulation and improves cognitive function. Pycnogenol® 100 by Biogena combines pine Pycnogenol® with grape seed extract as another natural source of antioxidant polyphenols.

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, info@biogena.com, www.biogena.com

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