VITAE

Health innovation

VADEMECUM FOR PROFESSIONALS

Exclusive use for professionals.
This information should not be given to non-professional users.





About us

We are a laboratory of food supplements and natural products. Created in 1995, based on the philosophy of the founder Raimon Cortada, to learn and incorporate the best of what nature has to offer.

What is our goal?

Achieving a state of optimal health and wellbeing, promoting a healthy lifestyle both physically and mentally. All this, thanks to the wonderful resources that nature has to offer and which we have so much to learn from.

More than a laboratory

Our passion is to help maintain and improve the quality of life, to appreciate and enjoy the little things that make our day-to-day living worthwhile.

For us it is important to take care of both our clients and the environment, offering a relationship of transparency, respect, vicinity and maximum professionalism. We also apply this to ourselves and that is why we try to work in a relaxed, pleasant way with maximum companionship, and above all, with rigor and seriousness being our key values.

Because we are different

We take our work very seriously and our products are distinguished by an exclusive combination of ingredients that guarantee optimal absorption and efficacy, fulfilling a specific function within the body.

We believe it is fundamental to invest in research, and that is why in our team we have people dedicated solely to this purpose. We carry out scientific studies on our products, collaborate with important universities and hospitals and participate in congresses, seeking to offer you the best.

VITAE



DIGESTION

HEALTHY DIGESTIVE SYSTEM

Vitadigest®
enzymes



Food supplement based on three bacterial strains present in the human body, resistant to the stomach pH and stable at room temperature, + digestive enzymes (lipase, lactase, protease and amylase). Helps to regenerate the beneficial intestinal flora favoring digestion.

1 billion bacteria per capsule.

Take 2 capsules a day with meals.

Vitadigest®
one per day



Food supplement based on three bacterial strains present in the human body, resistant to the stomach pH and stable at room temperature.
Helps to regenerate the beneficial intestinal flora.

3 billion bacteria per capsule.

Take 1 capsule a day with meals.

IntestVita®
Transit



IntestVita® **Transit**, is a food supplement that contains 4 enzymes digestive (protease, lipase, amylase and lactase), 3 natural bacterial strains from the human intestine, sea buckthorn, fiber from Mediterranean oranges and fructooligosaccharides (FOS). Due to its ingredients, it contributes to promote digestion and intestinal transit.

Take 1 capsule from the IntestVita 1 blister and 1 capsule from the IntestVita 2 blister a day. It is recommended to take both capsules together in a single dose right before the main meal with a large glass of water.



HARMONY AND SERENITY

STRESS AND ANXIETY MANAGEMENT

CalmTu®



Food supplement based on standardized and titrated extracts of valerian *(Valerian officinalis)*, pasiflora *(Pasiflora incarnata)* and California poppy *(Escholtzia californica)*.

It has calming effects contributing to better stress management. Helps with nervousness, anxiety and insomnia.

Take 3 capsules a day. Recommended to take 30 minutes before meals.

CalmTu® Night



Food supplement based on standardized and titrated extracts of valerian *(Valerian officinalis)*, pasiflora *(Pasiflora incarnata),* California poppy *(Escholtzia californica)* melisa *(Melissa officinalis)*, melatonin and magnesium.

Promotes calming effect which favors the sleep onset and avoid night time awakenings. Melatonin helps to reduce the time needed to get to sleep and provides better sleep quality.

Take one capsule half an hour before going to bed.

CalmTu® Night Plus



Food supplements based on standardized and titrated extracts of valerian *(Valerian officinalis)*, pasiflora *(Pasiflora incarnata)*, California poppy *(Escholtzia californica)*, melisa *(Melissa officinalis)* and melatonin.

Thanks to the slow release technology, the ingredients are release in 2 stages. Melatonin, which is found in the coating and is quickly released, is a hormone produced naturally by our body and plays a very important role in the sleep induction. On the other hand, valerian, passionflower, California poppy extracts and lemon balm, found inside the tablet, are slowly released during the night, contributing to a good sleep quality.

Take one tablet 60-90 minutes before bedtime.



DEFENCES

HEALTHY IMMUNE SYSTEM

ImmunoVita®



Food supplement based on Beta-glucan -1,3 / 1,6- from the yeast cell wall Saccharomyces cerevisiae, vitamin D3, vitamin B6 and zinc, contributing to the normal functioning of the immune system.

Adults and children over 12 years, take 1 capsule a day with water.

ImmunoVita® Kids



Food supplement based on Beta-glucan 1,3 / 1,6 from the yeast cell wall Saccharomyces cerevisiae, vitamin D3, vitamin B6 and zinc, contributing to the normal functioning of the immune system.

For children from three years old take one sachet a day mixed with food. For children over 12 and adults, take 1 to 2 sachets daily.

VitaMin®C



Food supplement based on vitamin C, green tea extract and bioperine.

Contributes to the normal functioning of the immune system and to the protection of cells against oxidative damage. Helps to reduce tiredness and fatigue.

Take 1 tablet a day before meals.

Vitamin D3



Food supplement based on Vitamin D3 that contributes to the normal functioning of the immune system due to its content in Vitamin D3.

Adults and children over 1 year of age, take one drop daily. For children under 1 year old, take 1 drop every 2 days.



PHYSICAL AND MENTAL ENERGY

ENERGY, MEMORY AND CONCENTRATION

Vitanadh® Double Express



Food supplement based on NADH (Co-E1).

Helps to provide energy for the whole body. Antioxidant action.

Take 1 tablet a day, one hour before the start of activity. Intake preferably before mealtime. Place tablet under the tongue until complete dissolution.

ReConnect®



Food supplement based on NADH (Co-E1), Coenzyme Q10, Serine and vitamin C. Patented formula.

Helps the normal functioning of the nervous system and the body to withstand stress.

Clinically and biologically tested with CFS patients

Take 1 to 2 tablets a day. It is recommended to take the tablet with a large glass of water, 30 minutes before breakfast.



JOINTS / BONES / MINERALS **MUSCULOSKELETAL SUPPORT**

FlexiVita® Pro



Food supplement based on glucosamine sulphate, chondroitin sulphate, MSM, bamboo, turmeric, black pepper extract, manganese and zinc.

Helps maintain the proper functioning of joints and reduce pain and inflammation.

Take 2 capsules a day.

FlexiVita® Cream



Calming cream which promotes muscle and joint comfort due to synergistic combination of biological and anti-inflammatory ingredients.

Apply on skin with a light massage.

MagVita®



Food supplement based on 6 different magnesium salts combined with vitamin B6 and taurine.

Take 2 tablets a day, 1 with each meal, with a large glass of water.



JOINTS / BONES / MINERALS — MUSCULOSKELETAL SUPPORT

CalVita®



Food supplement based on 6 different calcium salts combined with vitamin D3, phosphorus and silica.

Contributes to bone mineralization.

Take 4 tablets a day, 2 with each meal, with a large glass of water.

FerVita®



Food supplement based on 6 different iron salts combined with vitamin B9 and spirulina.

Contributes to the recovery of iron levels in the blood.

Take 1 to 2 capsules a day with meals.

Vitamin D3K2



Food supplement combining vitamin D3 and menaquinone (vitamin K2, trans-MK7) that contributes to bone health and maintenance of bones in normal conditions and favors the absorption and normal use of calcium and phosphorus.

Adults and children over 1 year old, take one drop daily. For children under 1 year old, take 1 drop every 2 days.

OlioVita®



Food supplement based on Sea buckthorn oil (Hippophae rhamnoides). Contains Omega-7, Omega-3, Omega-6 and Omega-9.

Helps to nourish, moisturize and rejuvenate the skin from within and promotes the renewal and protection of the mucous membranes.

Take 2 capsules a day with meals. If you take Oliovita for the first time, take 2 capsules twice a day for 2 months.

OlioVita® Protect



Food supplement based on exclusive 100% natural extracts with synergistic action of grapefruit and rosemary extract, Sea buckthorn oil and vitamin D.

Helps to protect the whole body against photo aging, pigment pots and repairing the skin from the harmful effects of the sun.

Take one capsule daily. For prolonged exposure take two capsules a day.

OlioVita® Balm



Repairing lip balm with Sea buckthorn extract (Hippophae rhamnoides), gotu kola extract (Centella asiatica), hyaluronic acid and aloe vera (Aloe vera).

Nourishes, repairs and protects dry and cracked lips as well as irritated nose thanks to its moisturizing, antioxidant and healing function.

Apply on lips and nose, according to need.

Buco Vitae®



Emulsion for the treatment of mouth ulcers based on Sea buckthorn oil (Hippophae rhamnoides) and hyaluronic acid. Anti-inflammatory, analgesic and regenerative for the buccal mucosa area.

Place the tube in horizontal position, insert inside the mouth and point toward the affected area. Apply 2 puffs, 3 or 4 times daily. It is advised not to eat or drink at least until 30 minutes after use.

Vitatuss®



Syrup based on exclusive 100% natural extracts with synergistic action of Sea buckthorn oil *(Hippophae rhamnoides)*, elderberry, thyme, mallow and althaea. Helps to prevent and relieve coughing, thanks to the antiseptic, expectorant and soothing properties of its active ingredients.

Children from 3 to 6 years, 2.5 ml (half stick) 2 to 4 times a day.
Children from 6 to 12 years, 5 ml (one stick) 2 to 4 times a day.
Adults (12 years and over), 10 ml (two sticks) 2 to 4 times a day.



INTIMATE CARE

INTIMATE COMFORT

OlioVita® Íntima



Intimate care cream for external use with Sea buckthorn extract (Hippophae rhamnoides), mallow extract (Malva sylvestris), Argan oil (Argania spinosa), and hyaluronic acid.

Helps relieve vaginal dryness, respects the physiological balance of the area and reinforces the natural barrier function of the skin. Emollient, softening and soothing effect that contributes to comfort.

Apply according to need.

UrinVita®



Food supplement based on pomegranate, grape, cranberry extract and rosemary. Thanks to its polyphenol content it contributes to the well-being of the urinary tract and prostate.

Take 2 to 4 capsules a day separate from meals.

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